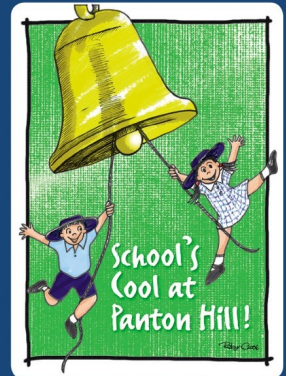




*A Rich Past,  
Present & Future*

# NEWSLETTER

Friday 13th September, 2024  
Term 3: Week 9



## DIARY DATES

**Thursday 19th Sept**

Pupil Free Day

**Friday 20th September**

Parent Opinion Survey closes

Last Day of Term 3

Assembly 2.15pm

Dismissal 2.30pm

**Monday 7th October**

First day of Term 4

Bike Education Grds 5-6

**Friday 11th October**

St.Johns First Aid Incur-sion

Interschool sport PHvKG

**Monday 14th October**

Swimming Prep—Grd 1

**Tuesday 15th October**

Swimming Prep—Grd 1

**Thursday 17th October**

Swimming Prep—Grd 1

**Friday 18th October**

Swimming Prep—Grd 1

Interschool sport PHvStA

**Monday 21st October**

Lifesaving Victoria incur-sion Grade 3-6

Bike Education Grade 5-6

## *Principal's Report*

We kicked off this week with a School Council meeting with a difference. It was an absolute highlight to have our Grade 6 leaders come along and present the work that they have done on upgrading our playground to the School Council. They presented the three proposals that were received from the brief that they provided. This brief represented the ideas that they had canvassed from all of our PHPS students and included the elements that our students valued in a playground.

They did an amazing job of presenting the three designs and pointing out the positives and negatives and finished it off with a recommendation of the preferred design. Some curly questions were thrown their way after the presentation which they answered beautifully.

As a result School Council have now signed off on their recommendation and we have approved the quote and works. Unfortunately the playground will not be able to be built until February next year. We will definitely have to invite our current leaders back to officially open it. They can be very proud that they will be leaving a great legacy for many years to come. Well done to Oli, Tash, Leah and Brodie. These are pictures of the chosen design and colours are still to be decided.



585 Main Rd. Panton Hill – Ph: 9719 7202  
[www.pantonhill.vic.edu.au](http://www.pantonhill.vic.edu.au)

Our School Council this week also endorsed a number of our school policies which were either new or up for review. These policies are now on our website <http://www.pantonhill.vic.edu.au/> or you can request a hard copy at the office. The approved policies are:

- Prevention of Bullying Policy
- Visitors Policy
- Volunteers Policy
- Responding and Reporting Obligations Policy
- Parent Disputes Policy
- Respect for School Staff Policy

### Value Award Winners

#### Congratulations to:

*Ivy Lemire, Gee Toniolo, Willow Delaney,  
Bobbie Woods and Zoe Habermehl*



### ASSEMBLY

As it is the last week of term next week we will stick with our tradition of finishing off the term with a whole school assembly on **Friday at 2:15pm for a 2:30pm early dismissal**. We will do our normal awards and certificates at this meeting. Because of this we will not have an assembly on Monday. Our reading morning will still go ahead, from 9:00am to 9:15am.

### ST ANDREWS PUB MEAT RAFFLE



A huge thankyou to our friends at the St Andrews Hotel who have offered to donate the proceeds of yesterdays and next Thursday's meat raffle to us. The meat is donated to them by DC Meats in Diamond Creek. So get along to the pub perhaps next Thursday, grab a ticket, win the meat raffle and support the school all in one! It's a win win.

### FOOTY/FAVOURITE TEAM DAY

As is tradition, we will celebrate the last day of the term with a 'Wear your favourite team's colours. Usually we would ask students to bring along a gold coin but this year we would like to help out our local community. It came to our attention this week that the Panton Hill Living and Learning Centre is in need of donations for their free food bank. Our Junior School Council has decided that it would be good if we could ask each family, instead of a gold coin, to bring along an item of non-perishable food to donate to the food bank. Please place your donation in the box outside the school office.

### WHOOPIING COUGH

Whooping cough cases are continuing to increase across Victoria, particularly among school-aged children. Whooping cough is a very contagious infection, mostly spread through coughing or sneezing. Symptoms include:

- blocked or runny nose
- tiredness
- mild fever
- severe bouts of coughing, often followed by a 'whooping' sound on breathing.

Whooping cough can lead to life threatening infections in babies.

If your child is unwell, they should not attend school. Please see a doctor if you or your child develops whooping cough symptoms. Early diagnosis and treatment will help reduce the spread of the infection.

Students diagnosed with whooping cough must not attend school

If your child is diagnosed with whooping cough, they must not attend school for 21 days after the onset of the cough, or until they have received 5 days of antibiotic treatment. You must notify the school if your child is diagnosed with whooping cough. To further reduce the spread of infection to your child and the school community, the Public Health and Wellbeing Regulations 2019 require that some students who were in the same classroom as a student diagnosed with whooping cough should not attend school.

Your child should not attend school for 14 days after they were last exposed to a person diagnosed with whooping cough, or until they have taken 5 days of a course of antibiotic treatment if they are:

- aged less than 7 years; and
- not fully vaccinated with 3 doses of whooping cough (pertussis) vaccine.

**Statement of Commitment** PHPS is committed to Child Safety. We want children to be safe, happy and empowered. We support and respect children, as well as staff and volunteers.

This exclusion is required by law – refer to the School exclusion table for primary schools children’s services.

If your child is diagnosed with whooping cough, please contact the school to let us know.

I hope we can work together to protect the whole school community by following the recommended advice.

More information: For more information about whooping cough, refer to Whooping cough on the Better Health Channel.

Vaccination is the best way to reduce the risk of whooping cough. The Department of Health recommends staying up to date with immunisations, including booster doses.

A free booster dose of the pertussis vaccine is covered under the national immunisation program for students aged 12 to 13. If you are unsure about your child’s vaccination status for whooping cough, please discuss with an immunisation provider, such as your doctor.

I really appreciate your support in keeping our students safe and well.

**INSTRUMENTAL MUSIC LESSONS**

We are really disappointed to announce that our long term association with Ewan and the LPC school of music is coming to a close at the end of this term. With Ewan now living in Queensland, it has been a challenge keeping it running. We are in discussions with an alternate music school and hope to get an individual music program up and running strongly as soon as possible.



**2024 School Council Members**

POSITION	
President	Abbey Baines
Vice President	Aaron Cody
Secretary	Anne Howard
Treasurer	David Shaw

SUB COMMITTEE	MEMBERS	MEETING TIMES
Building & Grounds	Kylie Richards, Marc Lemire, Beth Borthwick and Deanne Cahir	Monday morning prior to SC meeting 7:30am
Finance & Fundraising	Kylie Richards, Megan King, David Shaw, Abbey Baines, Bianca McGuirk, Amy Ord, and Leanne Cleary	6:30pm prior to SC Meeting
Curriculum & Review	Anne Howard, Kylie Richards, Steph Brindley, Justine Puls-Welsh	As required

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# PHPS Artworks



The 'Sparkle Fish' was a great success in the Prep Grades. Students painted a sea/water coloured background then printed bubbles using bubble wrap. The Sparkle Fish was made using watercolour paints and the very precious sparkly paper scales. Correct cutting techniques were also reinforced. Great job Preps! The Grade 5/6 focussed on the Olympics where they chose their own sport and used computers to locate a silhouette to use. Their painted background reflected the sport or elements of the sport, to connect with their subject. The class was very proud of their efforts. Results were very effective!



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# SPORT NEWS

## DISTRICT ATHLETICS DAY

On Thursday the 5th of September, the grade 4, 5 & 6's went by bus to Sugarloaf District Athletics for the day. Everyone tried their best and got great results in their chosen event. It is always a fun day competing and meeting kids from the other schools. From here, 13 people continued onto Division Athletics to compete against other students that came either first or second in their event. Pantom Hill encouraged everyone to try their best and we had a great day.

## TENNIS CLINIC

On Wednesday 28th September, we had Nicole and Maria Vallos come from NANDM and coach students in grades 1/2, 3/4 and 4/5 in tennis. Apologies for not informing parents earlier but this was organised at the last minute. Nicole and Maria, from Hurstbridge, were fabulous instructors demonstrating forehands, back-hands, running fun drills and positively encouraged all the students. They were so impressed with how well our students listened to their instructions. The weather did play a little havoc with the balls, but the students had a great time saying how much they enjoyed tennis. If you are interested in tennis lessons for your kids, yourself or a holiday program, please find their flyer attached in this newsletter.

Thank you, Mrs Jenes



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## KABOOM SPORTS

On Wednesday 10<sup>th</sup> of September, 72 students from prep to grade two attended Kaboom Sports hosted by Kangaroo Ground Primary School. There were five other primary schools there as well. This was an energetic fun filled morning with a variety of different sporting activities focused on hand eye coordination. Each activity went for four minutes and then the students packed up ready for the next group. It was a lovely warm spring day and the students were able to have their snack sitting in the sun. At 12:30 we returned to school.



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# Important Dates

## Term dates

	Start date	Finish date
Term One	Monday 29th Jan—Teachers Tuesday 30th Jan—Students	Thursday 28th March (2:30pm)
Term Two	Monday 15th April	Friday 28th June (2:30pm)
Term Three	Monday 15th July	Friday 20th Sep (2:30pm)
Term Four	Monday 7th October	Friday 20th Dec—(1:30pm)

## Public Holidays

Term One	Labour Day	Monday 11th March
Term One	Good Friday	Friday 29th March
Term Two	ANZAC Day	Thursday 25th April
Term Two	King's Birthday	Monday 10th June
Term Four	Melbourne Cup	Tuesday 5th November

## Pupil Free Days

Term One	Curriculum Day	Monday 29th January
Term One	Curriculum Day	Friday 8th March
Term Two	Curriculum Day	Friday 26th April
Term Three	Pupil Free Day (3 way conf.)	Wednesday 24th July
Term Three	Professional Practice/Planning Day	Thursday 19th September
Term Four	Curriculum Day	Monday 4th November

## Other

Term 2	School Photos	Tuesday 23rd April
Term Four	Grade 3-6 Camp	Monday 25th November—Wednesday 27th November
Term Four	Graduation	Monday 16th December
Term Four	School Concert	TBD

***Please refer to our Xuno calendar for additional school event dates throughout the terms.***

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Club Professional Coaches Nicole and Maria Vallos have successfully been coaching in their own coaching business at the Hurstbridge Tennis Club for over 20 years.

Their program is for everyone, they welcome all ages and abilities and run monthly tournaments for players with an Intellectual Disability or Autism.

Their program includes private and group sessions as well as squad training for beginners to advanced junior players and cardio sessions for adults.

Sessions are on a Monday, Wednesday and Thursday.

Come and learn the game of tennis in a fun and friendly environment!

#### MAINTAIN AN ACTIVE LIFESTYLE THROUGH:



**HOT SHOTS TENNIS - Juniors**  
Mondays, Wednesdays and Thursdays  
Tennis for kids of all ages and abilities.



Progress through the stages.

Learn the skills of tennis as well as improve your agility, flexibility and speed.  
Socialise and make new friends!



**CARDIO TENNIS - Adults**  
Mondays 6.45pm - 7.30pm  
Caters for all fitness levels



A cardio workout doing tennis drills in a fun environment with high energy soundtracks.

Book your **FREE Trial Lesson** today!  
Receive a **FREE T-shirt and Racket** when you enrol.  
(Hot Shots Tennis new students only).

#### TERM 3 SCHOOL HOLIDAYS

##### Junior Clinic:

Monday 23rd September and Tuesday 24th September 2024

9.00am-11.00am | Cost \$110

##### Senior Clinic:

Monday 23rd September 2024

6.30pm- 8.00pm | Cost \$50

For any enquiries please contact **Maria Vallos**  
E: [coaching@nandm.com.au](mailto:coaching@nandm.com.au) | M: 0407 851 979

## Triple P Fear Less Group

A **FREE** online parenting group  
for parents of children experiencing anxiety residing in the Cities of Yarra, Darebin,  
Nillumbik, Whittlesea and Banyule.

Fear-Less Triple P supports parents to learn new strategies for managing their child's anxiety.

This group is for parents that are concerned about their child's anxiety that would like to learn strategies they can put in place to support the wellbeing of their child and the family. Content is suited to parents or caregivers of children aged from 6 to 12 years.

#### The topics covered in this program include:

- Understanding how anxiety works,
- Becoming the best possible model of anxiety management for their children,
- Becoming effective emotion coaches,
- Understanding and teaching the value of flexible thinking,
- Managing their children's anxiety effectively, and
- Using constructive coping.

#### All participants will receive:

- Fear Less Workbook with information and activities at commencement,
- Resource pack tailored to your child/ren's age and stage during the group period, and
- A voucher to access extra resources following conclusion of the group.

The Fear Less Group runs over 6 x 1.5-hour sessions. Attendance to all sessions is required.

#### Dates:

14<sup>th</sup> Oct 2024 | 21<sup>st</sup> Oct 2024  
28<sup>th</sup> Oct 2024 | 4<sup>th</sup> Nov 2024  
11<sup>th</sup> Nov 2024 | 18<sup>th</sup> Nov 2024

#### Location:

Online via Zoom

#### Time:

12:00pm-1:30pm

#### How to book:

To schedule an enrolment into the group, contact Georgia with your full name and best contact number by:

- Emailing us at [triplep@berrystreet.org.au](mailto:triplep@berrystreet.org.au) with your full name and contact number, or
- Calling or sending a message on 0499 301 006.

We ask that enquiries for enrolment be made by 5:00pm on 1<sup>st</sup> of October. Due to limited spaces, we encourage parents to enrol ASAP to avoid disappointment.



Believing in  
Children,  
Young People,  
Families &  
Their Future.



## Hurstbridge Hub Emergency Relief Outreach program

This program provides Emergency Relief to residents of Nillumbik unable to access the DVCS Greensborough office.

This service will be available on:

- Tuesday, 24th September
- Tuesday, 29th October
- Tuesday, 26th November

**Bookings are essential**, please call: 9435 8282 to complete an intake form.



#### Services Provided :

- Emergency Relief ✓
- Information and Referral ✓
- Education Assistance ✓
- and more

#### Location :

Hurstbridge Hub, meeting room 1  
50 Graysharps Rd, Hurstbridge

#### Eligibility:

To be in hardship and live in the Nillumbik or NE Banyule  
Must provide relevant (in area) ID

#### More Information :

(03) 9435 8282

[www.dvcsupport.org.au](http://www.dvcsupport.org.au)

[info@dvcsupport.org.au](mailto:info@dvcsupport.org.au)



PROUDLY RUN BY LOCAL  
POLICE & VOLUNTEERS

[WWW.BLUELIGHT.ORG.AU](http://WWW.BLUELIGHT.ORG.AU)



# DIAMOND CREEK BLUE LIGHT DISCO

**FRIDAY 20TH SEPTEMBER**  
**7-9.30PM | 8 TO 13 YEAR OLDS | \$8 ENTRY**

DIAMOND CREEK COMMUNITY CENTRE  
28 MAIN HURSTBRIDGE ROAD, DIAMOND CREEK  
CONTACT: SNR SERGEANT WAYNE SPENCE 9438 8300  
NO EFTPOS AVAILABLE

Please ensure children have an emergency number on them.

[DIAMOND CREEK BLUE LIGHT DISCO](https://www.instagram.com/diamondcreekbluelightdisco)

[Diamond Creek Blue Light Disco](https://www.facebook.com/DiamondCreekBlueLightDisco)

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# NEW! Art and craft club for kids

Starting 8 October 2024  
Tuesdays 3:45-4:45pm  
7-12 yrs  
Panton Hill Living & Learning Hub

This fun class will allow your child to be creative, express themselves and learn art and craft techniques. For more info see our website below.



[livinglearningnillumbik.vic.gov.au](http://livinglearningnillumbik.vic.gov.au)

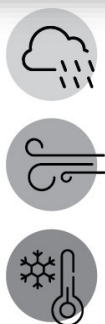
**\$8**  
PER BAG

APTEDS  
**APPLES FOR SALE**

FRESH PINK LADIES & GOLDEN DELICIOUS APPLES ARE NOW AVAILABLE AT SCHOOL

RECOMMENDED TO KEEP IN YOUR FRIDGE FOR FRESHNESS

# IS WINTER FREEZING YOUR FITNESS?



FUN • RELAXED • LOCAL • SOCIAL



## TRY FREE!

**FITNESS CLASSES  
@ PANTON HILL**

[hforhealth.com.au/pantonhill](http://hforhealth.com.au/pantonhill)  
"Panton Hill Fitness Classes"



# WIN \$5,000 FOR YOUR NOMINATED CLUB, SCHOOL OR CHARITY

**REGISTERED MEMBERS WHO SHOP  
AT RITCHIES GO INTO THE DRAW  
TO WIN THEIR NOMINATED CLUB,  
SCHOOL OR CHARITY \$5000!**

**PLUS! Any Ritchies Member who scans their  
app or card will go into the draw to win  
1 of 5 \$1,000 Ritchies Gift Cards!**

**First drawn out wins their nominated organisation \$5,000.**

Terms and conditions apply. Go to [ritchies.com.au](http://ritchies.com.au) for full details. There is one \$5,000 Ritchies gift card for one lucky club, school or charity. There are 5 x \$1,000 Ritchies gift cards to be won for registered Ritchies Card members who select a club, school or charity. Promotion starts 1/9/24 and ends 28/9/24. \*Minimum spend of \$10 in one transaction and excluding cigarette & tobacco products, gift cards, electronic recharge and items marked reduced to clear.

JOIN TODAY!



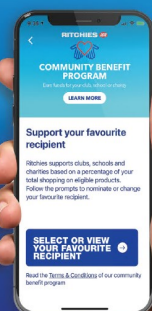
Download on the App Store

GET IT ON Google Play

**RITCHIES  
COMMUNITY  
BENEFIT PROGRAM**

**MORE THAN  
\$53 Million**  
*Given back to the community  
since 1993*

CELEBRATING **30 Years** OF COMMUNITY BENEFITS



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