



*A Rich Past,
Present & Future*

NEWSLETTER

Friday 4th February, 2022
Term 1: Week 1



DIARY DATES

Term 1

Wednesday 2nd February

Call for school council nominations

Wednesday 9th February

School council nominations close

Parent teacher meetings

Safer internet day

Thursday 10th February

Fire drill

Monday 7th March

School Council meeting

Friday 11th March

Pupil Free Day

Monday 14th March

Labour Day Holiday



XUNO



Principal's Report

Welcome to the 2022 school year! It has been a very smooth start to the year, with lots of new faces in shiny new uniforms around PHPS. This year we welcome our group of 23 preps who have made an amazing start to the year. Walking into the room feels more like mid-year preps—settled, happy and ready to be giving things a go!

We also have ten new students sprinkled throughout the grades who are starting with us this year. We welcome all of our new families to the PHPS community.

We would also like to warmly welcome Mr Russell Smith and Ms Jaimi Darwell—our two new teachers who have been enjoying getting to know their grades and all things PHPS. We are really pleased to have Ms Maya Lingard back with us part time in the Grade 1 classroom as well. Of course, it is a new start for all our students, new teachers, new

classrooms, new grades. Over the next few weeks all of our grades will be working on our Start Up Learning where they will be working together to establish routines, and expectations. They will also be looking at our school values of honesty, respect, enthusiasm, determination and co-operation and investigating how we can best demonstrate these.

YEAR 7'S

We have heard from many of our 2021 Year 6's who have had a big week starting on their secondary school journey. We are hearing that they, after some initial nerves on the first day, are enjoying this next step and all that it has to offer.

BUSHFIRE DRILL

We will be conducting our annual bushfire drill on **Thursday the 10th of February** (next Thursday) at **10am**. So please don't be alarmed if you hear our siren go off. During this drill, the students will all practise moving (under blankets) from the main building and the BER

585 Main Rd. Panton Hill – Ph: 9719 7202
www.pantonhill.vic.edu.au

building to the junior building which is our shelter in place. This is a very important emergency drill for us—it is vital that our students and staff have an awareness of the process of evacuating. This year we are conscious of limiting the amount of time spent in the building all together so once the rolls have been taken, the students will be promptly returning to their own rooms.

We usually have our friends from the pre-school and the Occasional Care join us for our drill. This year the Pre—School have elected to not attend. We will run a dedicated mini drill when they are ready.

PARENT TEACHER MEETINGS

Our annual parent teaching meetings will be held after school on **Wednesday the 9th February**. This is an opportunity for parents/carers to meet with their child/s new teacher and have a discussion about the year ahead. These meetings will be held remotely via Webex. Bookings can be made on the Xuno app.

RAPID ANTIGEN TESTS

All families have now received one kit of 5 tests per student. These are for use twice weekly over the next two weeks.

Another kit will be sent home in Week 3 for the following two weeks.

Thankyou to everyone for using these tests—they have already picked up cases which were

asymptomatic and would have otherwise been at school.

BREAK IN

Unfortunately at some stage over the holidays we had someone break into the bin shed under the school where we store our garden equipment. A substantial amount of equipment was stolen, including our pump which feeds the toilets and cleaners cupboard.

We have had the police attend and make a report. The water has been restored.

This is a rare occurrence for us thankfully, but very disappointing. As a result, we are now in the process of installing securing cameras.

COVID PROTOCOLS

If your child is not experiencing COVID-19 symptoms, they can continue to attend school, but you should monitor for symptoms.

Students who show symptoms of COVID-19 cannot attend school and should get tested immediately and isolate until they receive a negative result.

Students should continue with twice-a-week rapid antigen testing on school days.

Students who have recovered from COVID-19 do not need to participate in surveillance testing for 30 days after their isolation period has ended.

For information on symptoms visit: [https://](https://www.coronavirus.vic.gov.au/symptoms-and-risks)

www.coronavirus.vic.gov.au/symptoms-and-risks.

For more information on how to get tested visit: <https://>

www.coronavirus.vic.gov.au/taking-test-covid-19

If your child returns a positive result, your child has COVID-19.

- You must quarantine your child for seven days
- You must advise the school about the positive result
- Your child must stay home until their symptoms have resolved and they are well
- Everyone in your household is a close contact and must isolate for 7 days.

Reporting your child's positive test

If your child was at school when they were infectious you need to report the positive case through the [Student COVID-19 Test Portal](#) or you can notify the school in writing or by phone.

You must also report your child's positive test to the Department of Health via the [COVID-19 Positive Rapid Antigen Test Self-Reporting Form](#) or call centre on 1800 675 398.

IMPORTANT DATES

Schools are by nature very busy places. If you are wanting to keep up to date with what is going on and when you will find the school dates on the calendar function of our Xuno app or in the weekly newsletter.

SCHOOL COUNCIL

Nominations are now open for the 2022 School Council. This is a great chance to be part of the decision making for PHPS. This year we have five positions available.

If you are interested, please fill in a nomination form (sent on Xuno or available at the office) and drop it into the box at the school office.

NEWSLETTERS

Every Friday afternoon a school newsletter will be posted on our Xuno app. There is often important dates and information that parents need to be aware of, as well as achievements and general information of how our PHPS students are keeping busy during their week.

If you would like a hard copy to be sent home, please notify the office.



NUDE FOOD SCHOOL

We are conscious of the quantity of waste we produce at PHPS. One area we can all contribute to reducing waste is in the lunch boxes. We encourage that consideration is made when packaging daily lunches as every little bit helps. Following are some articles explaining why we have chosen to be a Nude Food School.

TISSUES

We are very low on tissues in the classrooms and would really appreciate it if families could please add it to their shopping list and bring along a box. Thankyou

RUNNING CLUB

Will start this Thursday morning (10 February) from 8:45 until 8:55 (approximately) for grades two to six. The students will do laps of the school receiving a texta mark on their hand as they pass me (Mrs Jenes). I will add the students laps together and when they reach 50, 100, 150 laps etc, they will receive a certificate at assembly for their achievement. This is an optional activity and not compulsory. I have spoken to most of the students about where they are to run and to be mindful of those parents and students arriving for school.

Value Award Winners

Congratulations to:

**Audra Chapman, Jimmy Woods and
Huw Whitworth**



News from Grade Five – Setting up our Classroom Library

“Look at this mess!”

Each class in the school has spent time this week setting up and organising their classroom libraries. This week our class sorted the whole entire Grade 5 class library. We sorted them in a particular way. It took a long time, but eventually we got it done. We sorted the books into genres and grouped books by the same author together which worked well in the end. Now our class library is neat and tidy, and we can find books that we will enjoy reading.

By Taya and Elsie (Grade 5)





Panton Hill Primary School

Hello Everyone! 😊

Happy New Year!!! Yayyyyy No more 2020! 😊

Here's hoping that we all have a brilliant year full of happiness, health and joy! According to the Chinese zodiac, it is the year of the Ox which denotes hard work, positivity and honesty! A good year then!

I'm looking forward to meeting all of our new little prep children. I heard them in the yard this morning sooo excited, and of course, welcoming back all of our regular children! Can't wait to see you all. 😊

Just a gentle reminder, please make sure that your child has a hat for ASC, it's getting hot and sunny and we need to stay safe when we play outside in the gorgeous grounds of Panton Hill Primary School. 😊

Love from Ella @ TheiCare Panton Hill.

(Phone): 1300 072 410

Register and make bookings at: www.theicare.com.au

(Email): info@theicare.com.au

Service Number: 0498 989 126



Our weekly menu follows Nutrition Australia's guidelines and is created with the children and parents. All cultural needs are considered and any dietary requirements are to be discussed with program coordinator.

Before school care meals include a selection of cereals, wholemeal bread, fruit and milk. We offer special days such as pancakes and toasties. We also offer take away coffee or tea for all our parents

After school care meals include fresh vegetables, fresh fruit, sandwiches, wraps, dips, crackers, rice, pasta and soups.



Learning experiences	Children interests	Cooking
A range of experiences to enhance each child's learning	Children interests based on the needs, interest and ideas.	Experiences to promote healthy eating and share recipes!

2

JOIE DE VIE

KIDS DANCE CLASSES

With Rachel - dance teacher & therapist

DANCE CLASSES AVAILABLE :

TEENS & PRE TEENS - AFRICAN, EGYPTIAN BELLY DANCE

KIDS - AFRO STYLES

PRE SCHOOLERS - CREATIVE DANCE & MOVEMENT

BABIES - CREATIVE DANCE & MOVEMENT

FREE TRIAL CLASSES AVAILABLE!!

TERM 1 COMMENCING 7TH FEB
BOOKINGS ESSENTIAL

LOCATION: COTTLES BRIDGE

CONTACT RACHEL 0415325103

CHECK OUT TIMETABLE & DETAILS

ON FB @IDANCE17 & INSTA

RACHEL_DANCE_THERAPIST

JOIE DE VIE

KIDS DANCE CLASSES

With Rachel - dance teacher & therapist

DANCE CLASSES AVAILABLE :

TEENS & PRE TEENS - AFRICAN, EGYPTIAN BELLY DANCE

KIDS - AFRO STYLES

PRE SCHOOLERS - CREATIVE DANCE & MOVEMENT

BABIES - CREATIVE DANCE & MOVEMENT

FREE TRIAL CLASSES AVAILABLE!!

TERM 1 COMMENCING 7TH FEB
BOOKINGS ESSENTIAL
ADULT DANCE CLASSES ALSO AVAILABLE

LOCATION: COTTLES BRIDGE

CONTACT RACHEL 0415325103

CHECK OUT TIMETABLE & DETAILS

ON FB @IDANCE17 & INSTA

RACHEL_DANCE_THERAPIST



FOSTER CARE INFORMATION SESSION

TUESDAY, 22 FEBRUARY 2022 | North West Region
6:30pm – 7:30pm (via ZOOM)

Now more than ever, foster carers are needed for children
& young people across Victoria.

REGISTER NOW!

Online Information Presentations available during COVID-19

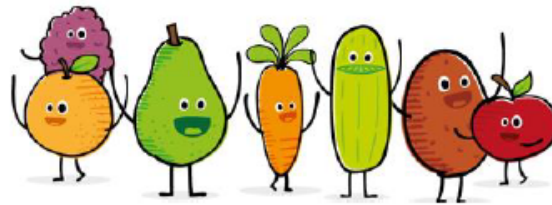


9301 5200 | Carer.Info@anglicarevic.org.au | anglicarevic.org.au

THE REDBACKS

PANTON HILL FOOTBALL CLUB

ALL JUNIOR PLAYERS
AUSKICK - UNDER 17's
OUR REDBACKS REGO DAY IS
SUNDAY FEBRUARY 13 10am-12pm
AT PANTON HILL FOOTBALL OVAL



Panton Hill Primary School is **NUDE!**

We encourage all families to create nude lunch boxes for their children.

We understand this can be a tricky so we will be providing some ideas along the way to help ease you into a rubbish free and very healthy lunch box.

RUBBISH FREE

The benefits of packing a rubbish free lunch are wide-ranging:

- Reducing your environmental footprint
- Teaching children about the need to reduce, re-use and recycle
- Having fun creating delicious lunches and snacks
- Looking after your health
- Promoting rubbish free days in school
- Providing mums with an easy lunch packing solution.



A great website for healthy lunchbox ideas is!

<https://www.healthylittlefoodies.com/category/lunch-box/>



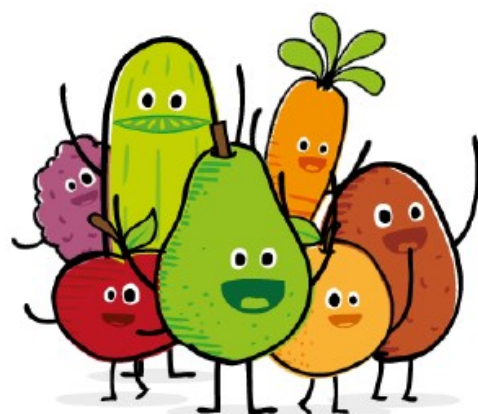
DON'T FORGET P.H.P.S IS A NUDE FOOD SCHOOL!

WHAT IS NUDE FOOD?

NUDE FOOD is simply food that is not wrapped in foil, plastic or commercial packaging.

The best type of nude food consists mainly of fresh food, so that it is healthy and nutritious PLUS environmentally friendly.

Promoting Nude Food empowers students to make conscious choices about what they eat, and encourages them to think about their impact on the environment (and their health). You might be amazed with how enthused your child can become on this...



✓ TO PACK A NUDE FOOD LUNCH OR SNACK, YOU WILL NEED:

- Cutlery from home is better than throwaway plastic ones
- Plastic or metal drink bottles are recommended for refilling with water
- Reusable containers for putting all of your food, snacks and drinks into
- Lunch boxes that have lots of separate sections can be useful to avoid lost lids or containers

✗ TRY TO AVOID:

- Zip lock or plastic bags, plastic wrap or aluminium foil
- Tetra packed drinks, single serve yoghurts and cheese
- Single use plastic forks and spoons
- Prepackaged food, i.e. biscuits, snack bars and chips

TIPS FOR PACKING NUDE FOOD LUNCHES:

- Try to involve the kids in helping decide what to take. This will help to avoid uneaten foods being thrown out, plus will save your family money as well. Also, remember to praise your child if they do eat something healthy which is new for them.
- Try to pack the lunches the night before and store in the fridge overnight to avoid the mad rush in the morning.
- If your child normally enjoys chips, yoghurt or other prepackaged snacks, buy these in a larger format and you can decant these into smaller reusable containers or lunchbox.
- If your child does enjoy chips, why not try making your own veggie versions using sliced beetroot, parsnip or sweet potato and baking in the oven?
- Try to use fruit and vegetables that are in season. Seasonal produce is friendly to the environment as well as to your budget, as less fuels are used to transport it into your supermarket.