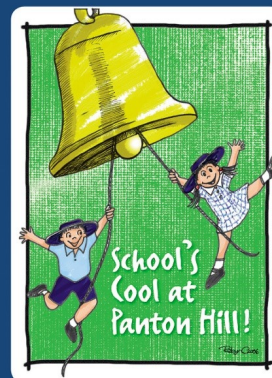




*A Rich Past,
Present & Future*

NEWSLETTER

Friday 14h May, 2021
Term 2: Week 4



DIARY DATES

Monday 17th May

Planks Incursion and Open Evening

Wednesday 19th May

District Cross Country 3-6 selected team

Friday 21st May

Interschool sport vs Kangaroo Ground—home

Wednesday 26th May

Division Cross Country—selected students

Reconciliation Day—Sorry Day ceremony (Student leaders)

Friday 28th May

Interschool sport vs Wattle Glen —away

Friday 4th June

Interschool sport vs St Andrews—away

Disco

P-2 4:45– 6:15

3-6 6:30—8:00

Tuesday 15th June

Luke Kennedy presentation
6pm—7.30pm

Principal's Report

It has been a big week for Grade 3 and 5 students all over Australia with NAPLAN tests over three days. As we always mention to our students, this test is a snapshot of one day. Our teachers are continuously making observations and ongoing assessments of all our students to inform their planning.

We are very proud of our PHPS students who worked diligently this week on their testing.

RECONCILIATION WEEK

The week of **27th May** until the 3rd June is Reconciliation Week. Our school has been invited to send our school student leaders to attend a Sorry Day Event for Primary Schools run by the Nillumbik Reconciliation Group. This will be a one hour event, held in Wingrove Park, Eltham. A Wurundjeri elder will conduct the Welcome with a smoking ceremony. The ceremony will be followed by a short bush walk along Diamond Creek to commemorate the first national Reconciliation bridge walk in the year 2000.



I will be taking our captains and vice captains to represent PHPS.

150TH TEAM

As mentioned in previous newsletters, we would love to have a team of enthusiastic PHPS associates to join a team in organising our 150th celebrations.

If you are interested please contact us at the office—we'd love to hear from you.

MOTIVATIONAL SPEAKER

This week you will have received two notices about our upcoming visit on **Tuesday the 15th of June** from motivational speaker Luke Kennedy. He will be presenting to our Grade 3-6 students in the morning and returning in the evening to speak with parents.

Topics covered in his student talk;

- Bullying (self-bullying/Negative self talk)
- Mental Health - Self-Care
- Resilience
- How to be yourself and stop worrying what other people think

585 Main Rd. Panton Hill – Ph: 9719 7202
www.pantonhill.vic.edu.au

Cont.

During the parents session, Luke will be going deep into his story (he PG's his content for students during the day), and passing on practical strategies to improve the mental health of both parents and students. The presentation will be 6—7.30pm.

We do have to be aware of numbers for this evening event so would appreciate it if you could please RSVP via the form which was sent home or by calling or emailing us. This is a free event. We are more than happy for you to invite any other adults you feel might benefit from listening to Luke.

WALK TO SCHOOL SAFELY

This morning we continued our long held tradition of marking Walk to School Safely day by meeting families at the PH Pub carpark and wandering down the path to school.

This event is to encourage students to understand pedestrian safety. As the majority of our students live too far from the school to walk, this is the best way for us to participate in Panton Hill style.

FLASHING SPEED SIGNS

Speaking of getting to school safely, over a year ago, after concerns from parents and discussion at School Council, we contacted the council and Vic Roads about the possibility of installing flashing 40km signs around the school. We were notified yesterday that they will be installed in May on Kangaroo Ground St Andrews Road.

XUNO

We have begun the transition to Xuno from Skoolbag this week. We will not be posting on Skoolbag after today.

PLANKS INCURSION

Our planks incursion is coming up on Monday with the students enjoying workshops during the day and our Open Night for families in the evening.

We are looking forward to seeing what creations everyone can come up with.

PARENTING IDEAS

Often with the busyness of life, it's easy to forget the importance of family rituals for creating a sense of safety and connection within families. A article has been provided titled 'Why family rituals really matter'

Value Award Winners

Congratulations to:

Angus Brophy



DISCO
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Decks and outdoor construction
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Quality Fertile eggs & day old chicks
St Andrews 3761
Kate - 0417 521 351

**STRAIGHT
CRANES
UP**
0438 763 412

WHAT'S HAPPENING IN THE CLASSROOMS?

We thought we might list some of the exciting things that are happening in the classrooms over the next two weeks.

Grade	Reading	Writing	Numeracy	Integrated Studies	Respectful relationships
Prep	Solving words Syllables with pictures	Report writing	All about the number 12	Forces – push and pull	Positive coping Managing emotions
1/2	Making connections between text & prior knowledge, based on settings	Narratives	Subtraction 2D shapes – features, symmetry, flips, slides and turns	Light and sound. Different ways to produce sound.	Positive coping The emotion of anger
2/3	Making connections between text & prior knowledge, based on settings	Narratives – building on NAPLAN prompt	Subtraction 2D shapes – features, symmetry, flips, slides and turns	Matter – solids, liquids and gases. How heat effects matter eg: melting freddo frogs	Positive coping Catastrophe scale
3/4	Adjusting and analysing Comparing genres & their features	Drafting and publishing persuasive texts	Making models and looking at features of 3D shapes Volume Addition and Subtraction	Forces— movement and speed Friction Heat	Positive coping Making apologies
5	Analysing and comparing genres, authors purpose & figurative language	Finishing off persuasive and starting narratives	Multiplication and volume	Light How light behaves and makes colours	Personal coping profiles & positive coping strategies
6	Analysing and comparing genres, authors purpose & figurative language	Finishing off persuasive and starting narratives	Multiplication and volume	Electricity — circuits	Personal coping profiles & positive coping strategies

SCHOOL COUNCIL 2021

POSITION	NOMINATION
President	Jason Ditcham
Vice President	Sam Headberry
Secretary	Anne Howard
Treasurer	Aaron Cody

SUB COMMITTEE	MEMBERS	MEETING TIMES
Buildings and Grounds	Kylie Richards, Colin Smith, Tracy Parker and Beth Borthwick	Prior to School Council – to be organised re availability
Finance and Fundraising & Uniform Shop	Kylie Richards, Jason Ditcham, Alison Tovey and Aaron Cody	Monday 7.00pm prior to School Council
Curriculum, Review and Promotion	Anne Howard, Kylie Richards, Zoe Payne, Margaret Bozik, Sam Headberry and Steph Brindley	As required

Statement of Commitment PHPS is committed to Child Safety. We want children to be safe, happy and empowered. We support



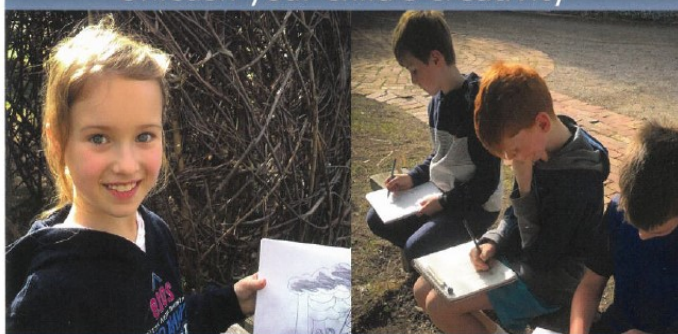
Community Notices

MayArt
Guided Art Exploration

Art for Kids



Unleash your child's creativity



Book now:

Phone: 0407 708 759

Email: lisamayartist@gmail.com

Lisa May is a Hurstbridge based artist and teacher. She is passionate about art and working with children. Lisa guides kids through the process of creating a piece of art in a supportive, relaxed environment.

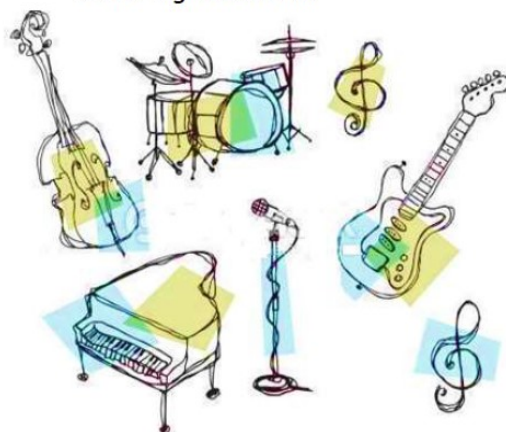
www.mayart.com.au

LPC Music Australia

Learn, Play, Create.

Offering lessons in

- Guitar
- Ukulele
- Violin
- Piano
- Drums
- Singing



- Lessons at school during school hours.
- Teaching modern songs and traditional music theory.
- Private or group lessons.
- Band program.

To see which instruments are available at your school contact Ewan at lpcmusicaustralia@gmail.com or on 0408 197 884.

To enrol go to www.lpcmusicaustralia.com.au

Apted Unwaxed Apples

**\$7 per 2kg bag on the
cart outside the office**



PANTON HILL TENNIS CLUB IS BACK IN ACTION

A SMASH HIT FOR LITTLE LEGENDS

Our ANZ HOT SHOTS is Tennis for Kids, our entry level program is designed with smaller racquets, softer tennis balls and lower nets to make learning easy & fun AGES: 4-12 years



TEENS TENNIS

All abilities great chance to let off some steam, get active, socialize with friends AGES: 12-17 years
THURSDAY AFTER SCHOOL

SIGN UP NOW Wendy 0418 539 740



CARDIO TENNIS FUN FUN FUN



Who: **Beginners to Advanced players**

Day: **THURSDAY EVENING**

Time: **6.30pm — 7.15pm**

Cost: **\$16 per player**

Venue: **Panton Hill Tennis Club,
Rodger rd PANTON HILL**

Fun tennis drills, 4,000 steps in 45 mins

ALL TO HIGH ENERGY 80'S TUNES



SIGN UP NOW Wendy 0418 539 740

XUNO



INSIGHTS

Why family rituals really matter



Family rituals strengthen the sense of warm connectedness in families. This makes sense, given that the number one biological need for every human is the hunger to belong, and to be accepted, valued and loved.

The disruption of life in 2020 saw many families unable to go about their normal activities, and for many, family rituals reclaimed their valuable position. For some, it was simply going for walks together, riding bikes together, baking, or watching movies together complete with home-made popcorn.

So how can families create and maintain small rituals that make such a difference?

Turn routines into rituals

Bedtime routines that include such things as reading to your children, singing special bedtime songs or even just lying beside your child do far more than help them to fall asleep. When these routines are repeated, they create neural pathways which enhance loving connection. As a nanny to several precious little ones, I absolutely love being a part of their bedtime rituals.

Reign in the chaos

Family rituals bring a degree of predictability and certainty into our sometimes chaotic lives. They are important for teenagers as they provide a sense of control at a time of change and challenge. Families who are struggling with any uncertainty and stress should regularly connect with a much-loved board game or family movie and dive into it with enthusiasm. Leave work and worry behind and spend a couple of hours with those you love the most.

Create greeting rituals

Greeting and goodbye rituals within families are also important. How you welcome and reconnect to children after a day away shows them that you have missed them and still love them. With little ones, some parents leave a kiss on their child's palm. For others there are special handshakes. I can still remember my dad saying goodbye to us with the oldie but goodie "See you later alligator!" To which we naturally replied, "in a while, crocodile!" This is a ritual that happens now with my grandchildren.

As an authorised celebrant, I have conducted many funerals and one of the things that brings joy to broken hearts are the shared memories of family rituals. The repeated nature of ritual helps to anchor memories deeply in our minds. I remember a beautiful funeral for a man where everyone wore a beanie and a scarf, including his youngest grandchild. This simple act was a nod to the fact that whenever this grandfather watched football on TV, he always wore a beanie and a scarf and so did anyone else who was watching with him. A simple but powerful act.

Never underestimate the importance of family rituals in your home.



Maggie Dent

Commonly known as the 'queen of common sense', Maggie Dent has become one of Australia's favourite parenting authors and educators, with a particular interest in the early years, adolescence and resilience. She has written seven major books including the bestselling *Mothering Our Boys* and her 2020 release, *From Boys to Men*. Maggie is host of the ABC podcast, [Parental As Anything](#). *She is the mother of four sons and a very grateful grandmother.* For further details visit maggiedent.com



Panton Hill Primary School

DISCO

Run by children's entertainers 'Bop Till You Drop'

Friday 4th of June

Panton Hill Hall

4:45-6:15 Preps - grades 2

6:30-8:00 grades 3 - 6

Tickets \$10 each

Includes refreshments, games and glow sticks

Bring along a gold coin if you would like your face painted

Parents are invited to stay in a separate parent zone during
the disco

(byo snacks and nibbles)

Children to remain inside the hall until an adult arrives to
collect them.



please return to office to collect ticket

students names & grades _____

number of tickets _____

Payment options: Cash to office

Direct deposit: Acc name: Panton Hill Primary School Council Account

BSB: 063 222 Acc Number: 00901713

Credit Card: Card holders name _____

Card number: _____ Expiry: _____ CCV: _____