



PURPOSE

- To ensure that all students and staff maintain a healthy UV exposure balance.
- To encourage the entire school community to use a combination of sun protection measures whenever UV Index levels reach 3 and above.
- To encourage safe UV exposure whenever UV Index levels are below 3.
- To work towards a safe school environment that provides shade for students, staff and the school community at appropriate times.
- To assist students to be responsible for their own sun protection.
- To ensure that families and new staff are informed of the school's SunSmart policy.

GUIDELINES

From **Mid August to April** in Victoria when average UV Index levels reach 3 and above:

- The School Council will ensure shade is available in the school grounds
- The School Council will ensure shade provision is considered in plans for future buildings and grounds.
- Processes for the planning of outdoor activities and excursions will include the consideration of shade.
- Students will be encouraged to use shade when outside particularly if they are not wearing appropriate hats or clothing.

IMPLEMENTATION

- Parents will be informed of the SunSmart Policy upon enrolment at the school.
- Maintain shade in the grounds, where possible, by building shelters and planting trees.
- All students are required to wear brimmed hats that protect their face, neck and ears whenever they are outside from Mid August to April. Baseball or peak caps are not considered appropriate.
- Provide parents with up-to-date SunSmart information through newsletters and parent meetings;
- Encourage all staff to act as positive role models for children in all aspects of SunSmart behaviour by:
 - wearing wide-brimmed hats and appropriate clothing for all outdoor activities
 - using SPF 30+ broad-spectrum, water resistant sunscreen
 - seeking shade whenever possible
 - wearing sunglasses that meet the Australian Standard (AS/NZS1067:2003)
 - Ensure that students not wearing hats play in the shaded areas.

Staff will:

- Practise SunSmart behaviour, as described above
- Enforce a 'no hat, no play' rule
- Encourage children to apply sunscreen (SPF 30+ 20 mins prior to outdoor activity) with sunscreen provided by parents
- Direct students to play in shaded areas where possible.



Panton Hill Primary School Sunsmart & Extreme Heat Policy

Parents/carers will:

- Provide their child with a Panton Hill Primary School wide-brimmed hat.
- Provide SPF 30+ broad-spectrum, water-resistant sunscreens for their child's use at school
- Act as positive role models by practising SunSmart behaviour.
- Supervise, encourage and remind their children to apply SPF30+ sunscreen at home before coming to school.

Extreme Heat

In Victoria there are NO specific statutory or regulatory limits on the temperature to which workers/students can be exposed. In excessive conditions, students will be encouraged and supported to:

- Play in shaded areas
- Remain hydrated by accessing the drinking taps throughout the school day and by allowing students to have their personal water bottles with them in their classrooms.

In the event of the Principal or senior staff member determining that the conditions at school are not suitable for outside play, the following additional measures will be taken:

- Students will be supervised in classrooms during recess and lunch breaks
- Teachers will proactively seek to provide regular additional breaks for students to access their water bottles and drinking taps during the school day.
- PHPS will ensure all heat containing measures are operational and utilised (eg use of fans, air conditioners, external window awnings, breeze louvres, open windows, put up temporary shade measures internally on sun affected windows (drawings and student art), moving desks and workstations away from windows,
- Staff will be allowed to dress appropriately (more casually for hot weather), have established 'cool' areas including air-conditioned lunch rooms and provided with cool clean drinking water.

EVALUATION

This policy will be reviewed as part of the school's three-year review cycle