



*A Rich Past,  
Present & Future*

# NEWSLETTER

Friday 11th October 2019  
Term 4: Week 1



## DIARY DATES

### **Wednesday 16th October**

Grade 6 Leadership Day

### **Thursday 17th October**

Grade 3/4 Hooptime Finals

Grade 5 Bike Education

### **Friday 18th October**

Interschool Sport—St.Andrews  
PS (Home)

### **Tuesday 22nd October**

Choir performing at Donvale  
Nursing Home

### **Thursday 24th October**

Grade 5 Bike Education

### **Friday 25th October**

Grade 6 Soccer Day

Working Bee

### **Sunday 27th October**

On The Hill Festival

### **Monday 4th November**

Report Writing Day— Pupil  
Free Day

## **Principal's Report**

### **WELCOME BACK**

I hope that everyone had a great break from the school routine and enjoyed the beautiful moments of sunshine that we had in the second week.

The staff (and hopefully the students) have all returned refreshed and ready for a busy, productive term. The focus in the classrooms for Integrated Studies will be on Biological Science, specifically plants. Mr Hurst's merry bunch of Grade 6's will be preparing themselves for the move to secondary school and will be reflecting on their primary school years through their work on their autobiographies and speeches for graduation.

One of the highlights of this term for the Grade 5's will be the opportunity to meet their Prep buddies during their transition sessions.

### **OSH NEWS**

Hopefully you have had an opportunity to check out the new set up of the OSH building. Over the holidays TheirCare came and set up our space with new games, craft activities, notices and furniture.

Our two OSH staff members—Dash and Amie have undertaken training over the holidays and are being supported with

new processes from TheirCare. Our arrangement for staffing is that Amie will be working on Mondays and Dash will be working on the remainder of the days. If ratios require, we will have both of our educators.

We encourage all of our families to register with TheirCare just in case you may require care. The details on how to register and the weblink are on the skoolbag app under the Notices section, titled 'OSH Term Four' or the 'useful documents' section.

### **LUNCH ORDERS**

We have now begun receiving lunch orders from the Smiths Gully Store and the feedback has been extremely positive (see the word cloud below).

You can either order a lunch order by emailing the store and making a direct payment or the old school method of writing your order on a bag and dropping it into the store. All orders need to be

**SkoolBag**

Don't forget to download our school's SkoolBag app to ensure that you are kept in the loop on:

- School newsletters
- Cancellations
- Notices
- Reminders
- Events
- ...and more!

**INSTALLATION  
INSTRUCTIONS**

Just download the "SkoolBag" app on your phone, open the app and add our school!



585 Main Rd. Panton Hill – Ph: 9719 7202  
[www.pantonhill.vic.edu.au](http://www.pantonhill.vic.edu.au)

received by **9:15am** on the day you wish to order. A menu and ordering information can be found on the app under the 'useful documents' category.

## NUDE FOOD

As you know, Panton Hill Primary School is now 'nude'! It has been exciting to see so many families and children taking on this initiative, not only to encourage healthy eating but to also contribute to a healthier planet.

We have seen some wonderful examples of 'nude' lunch boxes this week and we hope this is an indication of what's to come over the next 10 weeks of term. To help continue this great start we have included a handy guide to creating the perfect 'nude' lunchbox.

We are fortunate to have one of our local businesses—Going Green Solutions offer us a deal on products which are useful for nude food lunchboxes. You simply need to mention our school on purchase.



## WALK TO SCHOOL

We had a record crowd meet at the pub on Wednesday for our walk to school morning. It was quite a sight to see a sea of blue torsos and rainbow coloured legs! We suspect that quite a few of our fathers had their sock drawers raided—some familiar Father's Day socks were sighted.



The aim of this day is to encourage fitness and healthy lifestyle choices. We are investigating options next week to provide further resources in the school ground that encourage movement.

Thankyou to Mrs Mehmet for organising this event.



## UPCOMING WORKING BEE

To prepare our school grounds for the On The Hill Festival, we will be having a working bee on **Friday the 25th of October** after school. We would be grateful if you could come along and help out.

## Value Award Winners

**Congratulations to:**

**Sienna Kowalewski**



## BIKE EDUCATION

You may notice over the first half of this year, particularly on Thursdays that we have lots of kids on bikes. Our Grade 5's are doing Bike Ed lessons with Mr Hurst in preparation for our bike ride from Diamond Creek to Eltham on **Tuesday the 19th November**. It is important for the safety of all in our playground that students make sure that they hop off their bikes when entering the school grounds and push their bikes to the bike shed.



## ON THE HILL FESTIVAL

Our major community festival - the On The Hill Festival will be on **Sunday the 27th of October** ( the second weekend back at school). Be sure to put the date in your diary! After the success of last year, we will be selling Mexican food from the basketball court.

## CHOIR PERMISSION FORM

Dear parents of choir members, just a gentle reminder to please hand in the three permission forms ASAP for the performances at Allity, Ferguson Park and Senior's Week.

Thankyou to those who have already handed in your form. Also we still need a few more drivers if you are available.

Thankyou, Mrs Jenes.

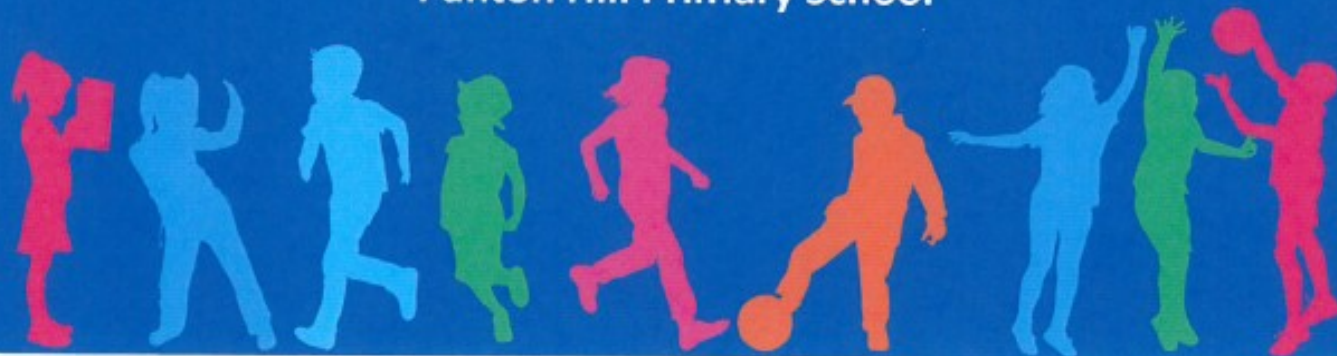
POSITION	NOMINATION	
President	Jason Ditcham	
Vice President	Carolyn Spratling	
Secretary	Anne Howard	
Treasurer	Cathryn Baldwin	
SUB COMMITTEE	MEMBERS	MEETING TIMES
Buildings and Grounds	Kylie Richards, Carolyn Spratling, Colin Smith, Tanya White	Friday 8.30am prior to School Council
Finance and Fund-raising & Uniform Shop	Kylie Richards, Jason Ditcham, Alison Tovey, Margaret Bozik	Monday 6.30pm prior to School Council
OSHC	Alison Tovey, Cathryn Baldwin, Kylie Richards, Jason Ditcham	Monday 6.00pm prior to School Council
Curriculum and Review	Anne Howard, Kylie Richards, Maya Lingard, Zoe Payne, Margaret Bozik	As required



**TheirCare**  
Where Kids love to be!

## Amazing Before + After School Care Programs

### Panton Hill Primary School



### About the program

**TheirCare** provides a stimulating and safe environment for all children and an environment where children come and enjoy their time in their program. During sessions children develop life skills, friendships, confidence and creativity through play.

**Panton Hill Primary School** has partnered with **TheirCare** to provide quality care, flexibility and commitment to deliver on our promise to your school community.

Operation Times		Fees*	Out of Pocket	Average^
Before School Care	6:45am – 8:45am	\$18.00	\$2.70 - \$18.00	\$5.04
After School Care	3:20pm - 6:00pm	\$26.00	\$3.90 - \$26.00	\$7.28
Pupil Free Day	6:45am – 6:00pm	\$60.00	\$9.00 - \$60.00	\$16.80
Late Booking Cancellation Fee	Within 48 hours	\$5.00	\$5.00	
Cancellation Fee	Same Day	Full Fee	See BSC/ASC	

**Service Phone Number: 0419 179 948** Your service coordinator will be available during session times. TheirCare support is available during office hours if required on 1300 072 410

#### How to Enrol

Visit **TheirCare** website: [www.theircare.com.au](http://www.theircare.com.au) and click on 'Book Now' in the top right hand corner to register your child's details.

\*Standard fees excluding incursion / excursion costs

^Based on ABS published average family income for the suburb the school is located



# Hurstbridge Fun Run

Sunday 20 October

Hurstbridge Primary School



8km Mason White McDougall

4km Bendigo Bank

2km Mr Chocolate's Travel Family Colour Run

Register online [www.hurstbridgefunrun.com](http://www.hurstbridgefunrun.com)



**REGISTER TODAY**

[www.aussiehoops.com.au](http://www.aussiehoops.com.au)

**Aussie Hoops is coming to Community Bank Stadium in Diamond Creek !!**

Tuesday 15th Oct 4:45 - 5:30  
(Rookies 5 - 6 yr olds)

Monday 14th Oct 5:15 - 6:00  
(Starters 7 - 8 yr olds)

Aussie Hoops offers boys and girls (aged 5-10) the opportunity to learn the fundamental skills in a safe, fun and inclusive environment. With a focus on fun games and skill development, this is the ideal stepping stone to competition basketball.

Registrations open for both sessions.

Click here for more information and registration links

[http://websites.sportstg.com/club\\_info.cgi?client=1-3441-128639-0-](http://websites.sportstg.com/club_info.cgi?client=1-3441-128639-0-)

[0&slD=416326&&news\\_task=DETAIL&articleID=666440](http://websites.sportstg.com/club_info.cgi?client=1-3441-128639-0-0&slD=416326&&news_task=DETAIL&articleID=666440)

## Art classes for kids

- After school sessions for kids up to 12 years old.
- Small classes.
- Natural bush art studio in Hurstbridge.

Dreamers class 5-8yrs

Creators class 9-12yrs

Mixed, siblings class 5-12yrs

- Facilitated by experienced teacher Gemma.
- Holiday program classes begin January.
- Term 1 classes start Feb 3rd 2020.



**CHRISTMAS GIFT VOUCHERS AVAILABLE – just ask 😊**

**FREE** 'have a go' class dates soon to be released, subscribe on my website to be informed.

Visit: [www.exploreart.com.au](http://www.exploreart.com.au) Email: [exploreartkids@gmail.com](mailto:exploreartkids@gmail.com)

FB: Explore ART, classes for kids Instagram: [@explore.art.kids](https://www.instagram.com/explore.art.kids)

## HOW TO PACK A NUDE FOOD LUNCH



The Nude Food Warriors have created a step-by-step guide to make packing a Nude Food Lunch easy as 1, 2, 3!

### STEP 1

Choose the main lunch item, it may be something from the list below or a Nude Food creation of your own

Sandwich/ Roll  
Wrap/Filla  
Frittata/Quiche  
Pasta/Pasta Salad  
Salad  
Sushi/Rice Paper Rolls  
Noodles  
Stir Fry  
Egg Muffins

### STEP 2

Select your fruit

Apple  
Bananas  
Orange  
Fruit Salad  
Pear  
Grapes  
Mandarin  
Watermelon  
Kiwi Fruit

### STEP 3

Pick a nutritious  
Nude Food snack

Yoghurt  
Vegetable Sticks and dip  
Cheese and crackers  
Popcorn (natural)  
Rice Crackers  
Veggie chips (homemade)  
Pretzels

### STEP 4

Don't Forget Hydration!

Fill your favourite reusable drink bottle with filtered or tap water! Remember to refill throughout the day to make sure you stay hydrated!



Stuck on what to pack your Nude Food Lunch in? Turn over for some great storage ideas!



## WHAT TO PACK MY NUDE FOOD LUNCH IN



Now you have your Nude Food Lunch planned you need to find something to pack it in.

### STEP 1

Will you be using an all in one lunchbox, or packing items separately?

Please see all in one lunchbox options below or if you're packing items separately skip to Step 2

### STEP 2

Products to store your lunch!



Check out our Cookskins/Light Lunch Bags to effortlessly insulate your lunch!

### STEP 3

Products to keep your fruit in shape and fresh



Don't have a Rubbish Free Lunchbox? Don't despair! You can use smaller products in steps 2-4 to pack your lunch.

\* An insulated lunch box or bag is a great way to keep all your lunch items together

### STEP 4

Buy your favorite Nude Food Snacks in bulk and send them to school using these handy containers



**SUCCESS!** You have packed a healthy, rubbish free lunch that will not only save you money but help save the planet!

\* You can find Nude Food Movers products at major supermarkets and retailers all around the world! Go to [www.nudefoodmovers.com.au](http://www.nudefoodmovers.com.au)












## NUDE LUNCH BOXES!

As of Day 1 Term 4 we are encouraging all families to create a nude lunch box for their children.

We understand this can be a tricky transition and to help us get started, Going Green Solutions in Hurstbridge have offered to support our school by donating 20% of sales of the fabulous items below back to the school!

**Simply drop by the store, select your items and mention you're from Pantom Hill Primary.**

	<b>4MyEarth Sandwich wrap</b> 100% cotton fabric lined with biodegradable lining free from PVC, BPA, metals and phthalates. Perfect for 2 sandwiches or a roll, durable and re-usable for many years. Dishwasher or machine washable. Can be frozen, easy to use and has a handy label space to write a name in permanent marker.	<b>\$15.95</b>
	<b>4MyEarth Snack Pocket</b> 100% cotton fabric lined with biodegradable lining free from PVC, BPA, metals and phthalates. Perfect for cake, biscuits or cut up fruit, durable and re-usable for many years. Dishwasher or machine washable. Can be frozen, easy to use and has a handy label space to write a name in permanent marker.	<b>\$12.95</b>
	<b>Waxed Bees Wax food wrap - pack of 2</b> Beautiful handcrafted re-usable food wraps made from cotton with natural bees wax to keep food naturally fresh. Usually last up to 4 months. To clean, simply wipe over with alcohol free soap and cool water. Pack of 2 x 17cm square	<b>\$12.00</b>
	<b>Waxed Bees Wax food wrap Kitchen Pack</b> Beautiful handcrafted re-usable food wraps made from cotton with natural bees wax to keep food naturally fresh. Usually last up to 4 months. To clean, simply wipe over with alcohol free soap and cool water. Pack of 6: 1x43cm, 2x30cm, 3x17cm	<b>\$40.00</b>
	<b>Munch Bento collapsible lunchbox</b> Fun lunchbox with 3 separate compartments that collapse or expand to reduce or double the size. Snap lid, eating utensil that functions as a spoon, fork and knife, microwave and	<b>\$34.95</b>

	<b>Ever Eco Stainless steel bento snack box</b> 3 compartments great for snacks and lunches. Plastic free, ultra durable high-grade stainless steel. Dishwasher safe	<b>\$22.95</b>
	<b>Little Mashies reusable food pouches (x2)</b> Refillable and reusable, with anti-leak zip lock seal makes filling easy, super easy to clean. Great for smoothies, yoghurt or other slurpy snacks. Freezer and dishwasher friendly.	<b>\$9.95</b>
	<b>Kids Konserve 350ml insulated food jar</b> Stainless steel, leak proof insulated food jar keeps food hot or cold for hours. Handwash only, available in various colours	<b>\$27.95</b>
	<b>Ever Eco Bamboo Spork</b> A great alternative to plastic cutlery, handmade from 100% bamboo.	<b>\$4.95</b>
	<b>Ever Eco Stainless steel straw x 1</b> Endlessly re-usable stainless steel straw, each pack includes a bonus cleaning brush.	<b>\$3.95</b>

**Don't forget to mention you're from Pantom Hill Primary ☺**



929 Heidelberg-Kinglake Road,  
Hurstbridge  
9718 0126